Words for Reflection

Too much has been done to us, and by us, and too much left undone.

How can we heal the hurts of our society?



Let our minds be enlightened by reflection on our attitudes and the consequences of conflict. Allow that enlightenment to be established in our being and thus provide the resolution, strength and steadfastness to contribute to an inclusive and peaceful society.

- Anonymous

When great trees fall, after a period, peace blooms ... slowly and always irregularly. - Maya Angelou

Be the change you wish to see in the world.

- Gandhi

Peace – it does not mean to be in a place where there is no noise, trouble or hard work. It means to be in the midst of those things and still be calm in your heart.

- Unknown

Do not go where the path may lead. Go instead where there is no path and leave a trail. - Ralph Waldo Emerson

Always hold firmly to the thought that each of us can do something to bring some portion of misery to an end.

- Unknown

Never doubt that a small group of thoughtful committed citizens can change the world. Indeed, it's the only thing that ever has.

- Margaret Mead

The shadowy figures that look out at us from the tarnished mirror of history are, in the final analysis, ourselves. - Unknown

In the final analysis, our most basic common link is that we all inhabit this small planet, we all breathe the same air, we all cherish our children's future, and we are all mortal.

- John F. Kennedy

I now understand that my welfare is only possible if I acknowledge my unity with all the people of the world without exception.

- Leo Tolstoy