



For further information contact:-

WAVE Trauma Centre 523 Antrim Road, BELFAST BT15 3BS Tel: 01232 779922 Fax: 01232 781165

WAVE Trauma Centre 9 Dobbin Street, **ARMAGH BT61 7QQ** Tel: 01861 511599 Fax: 01861 511599

OFFICE HOURS 9.00 - 5.00 Monday - Friday

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elping People bereaved or traumatised as a result of the "Troubles"

> "unlock the pain" we are here to listen





SERVICES OFFERED

Befriending Service

Many of our members have benefited from being visited by others who have been bereaved/traumatised in a similar way. As a result our befrienders visit people who have been bereaved or traumatised. We undertake to offer this service throughout Northern Ireland.

Individual Counselling

WAVE recognises that some people may need a little more individual support. The organisation addresses this by offering supportive counselling by professional counsellors.

Youth Service

WAVE works with young people and children through appropriate activities and programmes.

Advice/Advocacy

WAVE offers practical assistance in relation to benefits advice, compensation and social welfare issues.

Peer Group Support

WAVE offers the opportunity for those bereaved/traumatised to meet for peer group support as a means of lessening feelings of isolation and alienation within the community.

Training Seminars

WAVE organises various training opportunities for members and also the general public.



Getting help from WAVE Youth Services Benefits and Welfare issues

- Becoming a Volunteer
- Training courses/seminars
- I wish to be put on your mailing list for further events/information

Please complete your name and address details overleaf.